

Goring & Streatley Regatta (17th July 2021) Safety information for Crews

The Goring Gap Boat Club looks forward to inviting you to the 2021 Goring & Streatley regatta. This document outlines important safety information, including COVID-19 measures, relevant to all competitors. Please take a moment to read it and share with other members of your crew.

Covid-19 overview

- Everyone attending the regatta must take individual responsibility for their own safety and follow Government and British Rowing rules and guidelines with regard to Covid-19 when on site.
- Please ensure that social distancing (at least 2m or 1m + face mask) is practised at all times whilst at the regatta except when rowing.
- This document is in line with the most recent British Rowing Codiv-19 guidelines.
- Systems and measures have been put in place to reduce the interaction between people present on site during the day and these are detailed below.
- No person should attend the regatta if they are suffering from symptoms suggestive of Covid-19 such as high temperature, new persistent cough, shortness of breath, loss of sense of smell.
- If you develop symptoms on the day, then you should leave the site immediately and inform the COVID-19 officer via phone.
- If you develop COIVID-19 symptoms after the regatta you must notify the COVID-19 officer immediately (contact details at end of document) and follow the government guidelines on self-isolation.
- For Test and Trace purposes all competitors, volunteers and regatta officials will be asked to check-in using the NHS Test & Trace app or the paper sign-in sheets on arrival at the regatta site.

Covid-19 precautions

The following measures have been taken to mitigate the risk of coronavirus.

- The size of the overall regatta is being limited to provide a manageable number of people on site at any one time.
- No spectators on site: This is a closed event, open only to competitors, regatta volunteers and regatta officials. Spectators are kindly asked not to come to the GGBC Boathouse site.
- Whilst we are outdoors, we would remind you to maintain social distancing at all times (at least 2m or 1m with face covering) except for rowers when on the water.
- Access to the boathouse will be restricted to regatta volunteers and officials only.
- There will be hand sanitising stations located at key locations across the site.
- Please use the hand sanitizer and exercise good personal hygiene at all times.
- Competitors are asked to follow the one-way system around the site (see attached site map).
- Competitors will be sharing equipment. Please ensure you sanitize your hands before and after rowing and clean any shared equipment i.e. boats and blades, after use. There will be cleaning products available for you to use.

Facilities onsite:

- Drinking water: Please bring your own water as drinking water on site will be limited.
- There will not be any changing facilities so please come in your rowing kit, ready to race.
- There will be porta loos onsite. Please note there are unfortunately no disabled facilities on site.

Safety documentation:

 All safety documentation, including risk assessments and COVID-19 measures will be published on the club's website <u>www.goringgapbc.org.uk</u> and will be available at Race Control on the day.

Parking

- Onsite parking is limited, but we have made provision to accommodate an increased number of cars.
- If you do share a car then please ensure you use a face mask and follow government advice.
- Space will be available to park bicycles and motor bikes.
- Please follow the directions of the parking marshals at all times so we are able to maximise the available parking space.
- The speed limit down the track to the boathouse is 10mph.
- Please take care extreme care when driving onsite and when leaving the site and turning onto the main road.

On arrival

- On arrival at the regatta site all competitors, volunteers and regatta officials will be asked to check-in using the NHS Test & Trace app or the paper sign-in sheets.
- Crews should then report to Race Control to register.

Crew Registration

- Crews should register themselves at Race Control before their race.
- They will be allocated a number for their Bow seat and Cox which must be worn so as to be visible by the finish line Marshal and safety launch.

Personal belongings

- Each crew will be given a container to hold all their personal belongings.
- Competitors are asked to store their personal belongings in the designated "Kit storage" areas.

First aid

- Trained first aiders will be on site throughout the event to offer basic first aid support.
- If more urgent care is required, then we will call emergency services or advise you of where the nearest hospital is.
- The first aiders will be stationed in Bay 1 of the boathouse next to the "check-in" desk and can be contacted directly or via any regatta official.
- First aiders will be provided with appropriate PPE.

Welfare

• If you have any concerns regarding the welfare of any competitor then please report this immediately to Race Control and our Welfare Officer.

On water safety

- The club will provide on water safety cover throughout the day.
- Safety marshals will be provided with appropriate PPE.

Prizes

Prizes will be presented in front of the boathouse at the end of the racing.

Refreshments

• Tea, coffee, soft drinks, cakes and bacon / egg rolls / burgers / veggie options will availabe to purchase during the course of the day and served as take-away.

What to Do in an Emergency

Any accident on site:

- If there is an incident on the regatta site, the nearest regatta official/s will assess the situation and take the necessary action. The safety of competitors, river users and the general public at large is the number one priority at all times.
- If necessary, all racing / boating can be suspended until the incident has been resolved.
- Only the regatta safety committee can authorise racing to re-commence.
- Please report any incident to Race Control.
- Please seek medical help from the first aiders if required. They will make the necessary arrangements with Emergency Services if required.

Any incident on the water:

- If there is an incident on the course <u>during racing</u>, the course marshal/s will assess the situation and where appropriate will raise the alarm and <u>all racing will stop immediately</u> until the incident is cleared. The safety of competitors, river users and the general public at large is the number one priority at all times.
- If there is an incident <u>between races</u> in any area of the river, then the nearest official will take control and determine the necessary action required. This can include the suspension of all racing / boating until the incident has been cleared.
- Any marshal or official can ask the 'starter' to suspend racing due to an incident anywhere on the river.
- Racing will not continue unless safety boats are present on the course.
- Only the regatta safety committee can authorise racing to re-commence.
- Please report any incident to Race Control.

Key contacts

- Regatta chairman: **Nick Josephy** contact on 07990554076 or via Race Control
- Safety Advisor and Covid-19 Officer: **Stuart Cowen** contact on 0789099689 or via Race Control
- Welfare Officer: Juliet Rushent contact on 07786261920 or via Race Control

Thank you for your co-operation and enjoy the racing.

