

# 2018 Goring Gap Boat Club

## Application for TEMPORARY Membership

Please bring your completed application form (pages 1 & 2) to your first rowing session and give it to the Session Manager.  
Or scan and email to the Membership Secretary: [membership@goringgapbc.org.uk](mailto:membership@goringgapbc.org.uk)



A guest can boat up to **TWO** times a year without charge by completing a temporary membership form. All outings by temporary members must be supervised by an experienced fully paid member of the club.

**PLEASE FILL IN PAGES 1 & 2 OF THIS FORM**

*no need to print page 3 but please read it*

Your Details								
Title (Dr/Miss/Mr/Mrs/Ms)				Date of Birth			U18?	<input type="checkbox"/>
Forename(s)				Surname				
Home Address								
Post Code								
Mobile Tel. No.				Home Tel. No.				
Email Address <i>(optional but recommended)</i>								
By providing your email address you are <b>OPTING IN</b> to allow Goring Gap Boat Club to send you updates regarding weather conditions, cancelled sessions and other club related information								
Emergency Contact Details								
Name of emergency contact								
Mobile Tel. No.				Home Tel. No.				
How did you find out about the club? <i>Tick any that are applicable</i>	Word of mouth	<input type="checkbox"/>	Local advert / paper	<input type="checkbox"/>	Local radio / BBC website	<input type="checkbox"/>	Internet search	<input type="checkbox"/>
	GGBC Go Row Day	<input type="checkbox"/>	GGBC Learn to Row course	<input type="checkbox"/>	Other, please state	<input type="checkbox"/>		

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### Temporary Member Declaration

- I wish to become a temporary member of the Goring Gap Boat Club and I accept the club rules and conditions (see page 3) set by the elected committee. I have read and understood both the Personal Health and Swimming Ability statements included in this form (see page 3) and declare that I:
  - CAN meet the minimum swimming requirements
  - CANNOT meet the minimum swimming requirements<sup>1</sup>.
- I have no need to seek medical approval / have been passed medically fit to row and I agree to inform the club / Session Manager / coaches / crew of any change in my personal health/swimming proficiency that may put myself or others at risk.
- I accept that participation in rowing and sculling activities is undertaken at the member's own risk.
- I certify that the details above are correct.

**New Temporary Member's Signature (if over 18):**      **Date:**

### Signing on behalf of a Junior member (u18):

**If I am signing on behalf of a Junior (under 18 years old):** I understand that I need to arrange for the named Under 18 to be accompanied & supervised at all times by a DBS<sup>2</sup> checked adult (e.g. Parent, other relative, family friend) when on Club Premises or engaged in Club Activities, both on or off the water and that the accompanying Adult must also be a member of Goring Gap Boat Club.<sup>3</sup>

**Parent/Guardian Name:**

**Relationship:**

**Parent/Guardian Signature:**

**Date:**

Please note that all temporary members should be run through the **GGBC BASIC STAGE 1 INDUCTION** before boating; please see details on page 3 of this form.

You can also complete a **STAGE 2 INDUCTION** as a full member.

**Please let us know whether:**

- You require the Stage 1 (basic) Induction – **please tell the Session Manager if this is the case**
- You have already received a Stage 1 (basic) Induction.

<sup>1</sup> If you cannot meet the swim requirement you must wear a lifejacket or buoyancy aid at all times when in a boat.

<sup>2</sup> DBS = 'Disclosure & Barring Service'

<sup>3</sup> Under 18's:

- must be accompanied & supervised at all times by a DBS checked adult when on Club Premises or engaged in Club Activities both on or off the water; the Parent or other named adult must also be a member of GGBC.
- Membership of British Rowing is required to initiate a DBS check (currently £29/year): <https://membership.britishrowing.org/Signup>
- For more information on the DBS (Disclosure & Barring Service) checking process please contact the GGBC Welfare Officer: [Welfare@goringgapbc.org.uk](mailto:Welfare@goringgapbc.org.uk)

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## CONDITIONS OF JOINING AS A TEMPORARY MEMBER

### 1. General

- All temporary members are required to complete a Temporary Membership Form.
- You understand that use of club equipment is at your own risk and that you will obey the club's safety & boat usage rules.
- **Personal Data Policy**
  - We use the information you give us to administer the Club, to provide you with the services that you receive at the Club and to meet the purposes of performing the Club's obligations to you.
  - All members including temporary members (or their legal guardians) are entitled to view the personal information the club holds on them in electronic or any other form; requests to view such information should, in the first instance, be directed to the membership secretary.
  - If you have provided personal information and no longer consent to its use, please direct the request to delete it to the membership secretary.

### 2. Personal Health and Swimming Proficiency

- Rowing and its associated training can be a strenuous activity. You should therefore be in good health and have no medical or physical condition precluding heavy exercise. **If there is any doubt you should first consult your doctor.**
- Some conditions such as asthma and diabetes, for example, do not prevent individuals participating in the sport, but you do have a **duty to declare any condition that might put yourself or others at risk.**
- Likewise, you have a **duty to declare any change** in personal health whilst a member of the Club that may put yourself or others at risk.
- It is important therefore that you inform those around you e.g. coaches and crew members, of any condition they may have to deal with in the event of an emergency.

For your own safety it is important that you are a competent swimmer. At a minimum you must be able to swim 50 metres in light clothing. **If you cannot meet this requirement you must wear a lifejacket or buoyancy aid at all times when in a boat.**

## STAGE 1 INDUCTION

All temporary members should go through a basic Stage 1 Induction before they go out on the water. The **Session Manager** or other authorised committee member <sup>4</sup> can do this **so let them know if this has not yet been completed.** It covers:

1. Everyone is responsible for safety – if it's unsafe, do something about it!
2. You **MUST** be able to swim at least 50m in light clothing i.e. your rowing kit or you must wear a lifejacket.
3. You must dress appropriately e.g. No jeans.
4. Do you have any medical conditions that we need to be aware of?
5. Remember to row within your ability i.e. level of skills, fitness and competence.
6. Take care on the pontoon, it can be slippery when wet.
7. If the boat capsizes – **STAY WITH THE BOAT!** Ensure everyone is there and wait for instructions from the cox.
8. Never start or stop rowing unless the cox has given their authority to do so. If you need a break, then tell the cox and they will stop rowing.
9. Basic safety commands:
  - To stop the boat quickly – “Hold it up!”
  - The safety-position or “easy” position – legs flat, arms out and blade flat on the water
  - The blades stabilize the boat, so don't pull them inboard unless the cox tell you to, even if the blades get tangled in the trees.
  - Listen to the cox at all times.
10. There is a lot of terminology in rowing so if you have any questions then please ask the cox or a club member.
11. More safety information is available on the safety notice board in the shed and the club website.
12. If you notice any boat or blade breakages, then let the cox know so they can report it.

<sup>4</sup> Authorised committee member is: Chairman, Secretary, Captains of Rowing & Boats.